Delamere Park News



Firstly and most importantly, all of us in the Events Group would like to say a huge **Thank You** to everyone who has supported us by coming to an event over the past 3 months. **Your support makes what we do** worthwhile.

Our last event, **Family Fun Bingo** held on 23rd February, was the epitome of what we aim to achieve. Residents of **all ages** came together in the Park Room for an afternoon of socialising with family and friends while playing games, listening to jolly banter from Taxi Mike, drinking and eating Darren's delicious beef baps. Seeing young and old enjoying themselves made all of us in the Events Group **very happy**.

From March onwards we are trying something new. As well as our monthly Film Nights on the third Thursday, we are organising a quarterly Sunday afternoon Film Matinee showing performances of a ballet, opera or play. The first matinee will be on Sunday 9th March at 4:30pm, Puccini's Madama Butterfly performed by the Royal Opera, more details on Clubhouse notice board and via email.

Our table of events for the next quarter is shown opposite in Park dates for your diary

Please get in touch if you have any ideas for events (especially family friendly ones) or if you would like to join our friendly team of volunteers, without whom none of these things happen.

We look forward to seeing you at one of our events at some point before the next newsletter. *The Events Group*

events@delamerepark.co.uk

Community Groups

In January we were saddened to hear that John Pattison had passed away having lost his brave battle with his illness.

John and his wife Helen had run the Whist Drives each month on the Park for well over 30 years. During that period, they achieved so much towards making the meetings such a successful Community Group.

John was also a great Pool player and a new pool trophy, 'The John Pattison Memorial Shield' will be awarded to honour his name.

In the past between December 1993 to June 1996 John held the position of one of the Delamere Park Trustees.

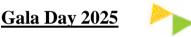
He will be sadly missed not only by his family but by his fellow sport players, his neighbours and all his friends on the Park, RIP John. *Iris Lyon Community Group Chairman*

Park dates for your diary ...

1 st March (Sat)	~	Garyoke Night (Bar Event)
9 th March (Sun)	~	Film Matinee (Madama Butterfly – Royal Opera)
15 th March (Sat)	~	Race Night
20 th March (Thu)	~	Film Night (Thelma)
29 th March (Sat)	~	Live Band Night (The Ukulele Uff Trio)
17 th April (Thu)	~	Film Night (TBA)
29 th May (Thu)	~	Film Night (TBA)

More details of events will be available nearer the date via email or will be displayed on the Clubhouse notice board, all tickets available from Reception / Bar.





Delamere Park Management Ltd. was first registered in 1971. In the years to follow the houses were built to form the Delamere Park Estate as we know it today consisting of 427 properties. House building continued until the mid 1980's when the last phase was completed. We imagine that it took a few years of building before a true community emerged.

In recent years our Gala day themes have included the late Queen's Platinum Jubilee in June 2022, then King Charles's Coronation in May 2023.

For this year's theme we thought we would focus nearer to home and declare 2025 Delamere Park's Golden Jubilee year.

The date for Gala Day will hopefully be decided at our next Community Group meeting to be held on 25th March, in discussions so far we are thinking of a date in July or early September. The theme will be, **' Delamere Park's Golden Year '**.

We aim to have the usual format with gazebos, picnics, games and music provided by a live band and maybe even a brass band to play in the afternoon.

More news will follow towards the end of March but in the meantime please start planning how you are going to join the fun and celebrations!

Delamere Park Community Groups







2025 is the Delamere Park Golden Jubilee Year It's more than just wonderful to actually live here

For there's a great Community with lots of groups and clubs With even a Clubhouse at the heart of the hub

We even have our own village green A child's play area, tennis courts, oh it has to be seen

We are also blessed to have squash courts and a swimming pool This is useful in summer to keep really cool

March 2025

Bar Entertainment Group

The Bar Entertainment Group are pleased to announce that, following the very successful Burns Night, we will be welcoming back for a second time,

** The Ukulele Uff Trio **

Saturday 29th March

Please see the posters in the Clubhouse for details, and visit:

www.ukuleleufftrio.co.uk.

Do look forward to a musical experience you won't forget!

Tickets are available from the bar at $\pounds 10$ cash or card.

We look forward to seeing you there.

Bar News

Now the weather is warming up, why not venture out and join us for one of our regular Bar activities listed below, we are here on your doorstep only a short distance away and even if you come along by yourself you will always find a warm welcome awaiting you.

Sunday (fortnightly)	Bacon / Sausage Baps (11am -1pm)
Monday	Cask Ale Club
Tuesday	Plot Draw Night
Wednesday	Quiz Night
Thursday (fortnightly)	Foodie Night (5pm – 7pm)

Coffee Mornings

It is still quite cold most mornings, so why not come along to the warmth of our Clubhouse, and the warm company of a number of our residents at our monthly Coffee Mornings?

We meet on the first Thursday of each month from 10.30 to 12.00. Over the winter months of October to March, we also meet on the third Monday of the month (so March 17th is the last of these).

Our numbers are regularly around 50 attendees, and if you don't know anyone there, you soon will!

Future dates are:

Thursday6th MarchMonday17th MarchThursday3rd AprilThursday1st May



Garden Safari

Delamere Park Gardening Club are planning to hold their annual Garden Safari in June / July but we do need gardens to view.

Please will you consider offering your garden for this annual charity event, which in the past has raised around £600. Garden owners will get the opportunity to choose which charities receive the proceeds.

Contact: garden@delamerepark.co.uk

or leave details at Reception, Fao: Mike McNeal.



Then there are Trustees who look after our interests and care And our own bar with exotic drinks and other fine fare

Some Sundays we can have a full breakfast or just a bap Then some decide to go home and have another nap

Once a month we have a Cinema and a Film Night This courtesy of the Events Group, they've certainly got this right

> A Coffee Morning is held once a month And twice a year a Coffee Morning lunch

There's now a Folk Club and a Fitness Group So very much more to tell – it makes me Cock a Hoop!

Our friends are quite jealous that we live where we do Well with so much on offer so why wouldn't you?

"The Park Bard"



Maria and Paul (889728)

DPML Useful Contacts

Reception Hours: Monday to Thursday 3 pm – 6 pm Friday 3 pm – 5 pm Saturday 10 am – 1 pm

Email: <u>Reception@delamerepark.co.uk</u> Tel: 01606 889263

> *Office Hours:* Monday to Friday 10 am–4 pm

Email: Office@delamerepark.co.uk Tel: 01606 212523

Any property change requests, objections or comments to property changes, and all property sales communications should be sent to: <u>Property@delamerepark.co.uk</u>



Gardening Club

Hopefully, by the time you read this, Spring will have shown some signs of appearing and our borders will have come alive with spring bulbs.

Our March speaker is Maureen Sawyer whose theme will be **Perfumed Plants** to use in the garden. This will be followed in April by a talk on **Mastering Sustainable Soil** by Simon Sherlock.

As usual, at this time of year we are looking for gardens to open for our charity Garden Safari which would take place in June or July.

There are many interesting gardens of all types and sizes on the Park, so please consider opening yours for a good cause.

We meet on the 4th Monday at 8pm in the Park Room, new members are always made most welcome at our monthly meetings, visits and social events throughout the year.

For more details, contact: garden@delamerepark.co.uk

Mah Jongg



We are a warm and friendly group and newcomers are always welcome. We do have a notice complete with a diagram on the notice board at the Clubhouse.

The notice advises of all upcoming dates for 2025.

Please consider joining us particularly newcomers to the Park. I think you will find the game and company most enjoyable.

Contact: Pam 889665

Water Aerobics



We are continuing to meet every Wednesday morning, 10.30, for an hour of fun exercise to music. It's a good way to keep fit and each participant works at their own level. We are raising money for Northwich Samaritans by asking for a voluntary donation of £2 per session. Since last September we have raised £189.20. Do come and give it a go. More information from

Liz 07864 786568 or Sue 07909 694367

Fitness & Wellbeing



<u>FITNESS 4 ALL:</u> Tuesdays at 9.15 a.m. Keep your muscles strong and joints healthy, so you can continue to live the life

Delamere Park Singers

The Delamere Park Singers were delighted to be involved in the Christmas Concert at the Park Room on Wednesday 11th December. They thoroughly enjoyed singing all the carols with the audience, in addition to performing some of their Christmas repertoire, including 'Gaudete' and 'A Starry Night'. It provided a super first performance opportunity for the group as well and was followed a week later by a fantastic joint Christmas Concert at the Winnington Recreation Club alongside the Weaverham and Davenham Community Choirs. It was special night, as the 110 singers joined forces with the full capacity audience in a number of well known carols and festive songs.



The DP Choir rehearse on Tuesdays from 2:30 - 4:00 in the Park Room and much fun is had each week as we sing together, working to increase our repertoire of well known pop songs from the 60s onwards. And the recent addition of home baked cakes at occasional rehearsals has gone down a storm! (Many thanks to our multi talented singing bakers!)

We are currently in the process of arranging further performance and Sing-along opportunities, both within Delamere Park and the local area. We are a lovely friendly group and new members always receive a really warm welcome, so if you think you might like to give it a go one week, please contact Patsy Chuter on 07703 818482.

Happy New Year from the Ladies' Club

Our Christmas Party was a huge success with lovely food and entertainment from our resident musician John Goulden and his colleague. Thank you from the committee to those of you that came and took the time to write to us to tell us how much you enjoyed it!

We kicked off 2025 with a very well attended meeting in January where we heard a very interesting presentation from local Crime author Bob Barker. I have one of his books, signed and ready, for my beach read next month!

There is always something to look forward to at the Ladies' Club and all current and prospective members will be very welcome to join us at 8pm in any month. To whet your appetite, coming up we have

Monday 10 March advice from DC Andrew Kevan on **Cyber Scamming**. Like me I am sure that this is on your radar already and it's always good to know more about how to beat it.

Monday 14 April we will be joined by Sara Mole who will be talking to us about **Health and Wellbeing.** Working for the NHS, Sarah is a keen ladies cyclist and swimmer and will be giving us hints and tips on how to keep ourselves in top condition!

We look forward to seeing you at the next meeting.

For more information, please contact Pat Pilgrim 07967 674271 or email ladies@delamerepark.co.uk

<u>Folk Club</u>

The Club is renowned for its warm inclusivity and eclectic programming. It welcomes a diverse audience, united by a shared appreciation for live performance. You join the Club simply by attending. No sub, no attendance fee !

Although the club welcomes performers of all ages, its current roster leans toward older artists; some bring decades of amateur and professional experience to the stage, others are newcomers, and some are everything in between ! Audiences enjoy music, singing, raconteurs, modern poetry, and comedy.

It's true that sometimes there's a nostalgic charm which harks back to Folk's golden eras. Maybe that discourages younger performers from getting involved; they remain underrepresented. Anecdotal theories suggest the Club's weekday early-evening start time simply precludes those with work, education, and family demands. Others speculate that perceptions of folk as a "retro" genre deter contemporary acts. If the latter, then it's a shame because all genres - all of them - are welcome.

Park PALS

The Park Pals Group was set up several years ago with the objective of providing friendship and companionship for persons living alone on the Park. It has been highly successful and at present we have 32 members. We meet at the clubhouse at 2pm on the third Thursday of every month where a warm welcome awaits new members

A variety of different activities are enjoyed by members including in-house lunches, restaurant visits, theatre trips, as well as visits to gardens etc...

At Christmas, we enjoyed a lavish buffet followed by entertainment by an Elvis impersonator. At the February meeting, a hot Spring lunch was served and in March we are looking forward to a sandwich and soup lunch. As always, a good time is enjoyed by all!

Zumba



Improve Your Fitness!

Join us at Zumba classes! Thursdays @ 7pm to 7.50pm on Fitness Dance for All Pay-as-you-go £5

For Information contact zumba@delamerepark.co.uk

Iyengar Yoga

The Iyengar Yoga class meets:

Tuesday mornings 11 - 12.30

It is suitable for all levels, beginners are always welcome to our friendly class. Practising yoga really helps on so many levels:

concentration, flexibility, circulation, balance and of course relaxation.

Want to give it a try?

Further info: 07554 442215

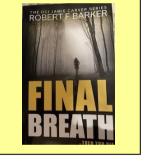
Delamere Park Clubs

Socializing and Leisure

- Coffee Mornings
- Folk Club
- Gardening Club
- Ladies' Club
- Mah JonggPALs
- Singers
- Social Plot Draw
- Social Quiz Night
- Twinkletoes
- Whist

Health, Fitness & Wellbeing

- Children's Swimming Lessons



you love.

PURE STRETCH: Thursdays at 9.30 a.m. Ready to give your body the freedom it deserves? Try a PureStretch class and discover the power of flexibility, balance, mobility, improved nerve health and reduce aches & pains. For more information,

email: <u>fitness@delamerepark.co.uk</u> or contact:

Carolyn Beamson - 07590 269 132

Fitness & Wellbeing Community Grp. Rep.

The Club is not just about preserving traditions, it's about evolving them. Maybe by encouraging contemporary acts, untapped potential will emerge and so enrich the audience experience by blending tradition and contemporary arts. For the performers it would provide an opportunity to share traditional and contemporary expertise.

Our doors, and our microphones, are open to everyone!

For more information email: <u>folkrodders@gmail.com</u>



- Fitness 4 All (Exercise Class)
- PureStretch (Exercise Class)
- Squash Men's team
- Squash Ladies' team
- Squash Junior Coaching
- Table Tennis
- Water Aerobics
- Yoga
- Zumba

For further details about any of the clubs or activities listed above, please contact Reception or check on the Delamere Park website: <u>www.delamerepark.co.uk</u>

Dear Residents, the newsletter gives us all the opportunity to communicate with each other. If you have anything you wish to include in the next newsletter (Summer) the deadline is Friday 16th May 2025 Please contact Ella or Elizabeth via email to: news@delamerepark.co.uk